



# ANETA REGEL

## ARTIST BIOGRAPHY

Aneta Regel was born in 1976 in Poland, where she graduated from Royal College of Art in 2006 in glass and ceramic. Based in Stock Newington, Aneta Regel creates her ceramics in The Cocolate Factory, a former sweets manufacturer transformed from an artist community studio, considered now as one of the major innovative creation centre in London.

### FROM NATURE TO CLAY

Rejecting the traditional idea of “potter”, Aneta Regel considers herself a ceramic sculptor, in perfect symbiosis with the pieces of nature she creates. Regel believes that her work should be abstract, creating a kind of equivalence to the natural world rather than trying to describe it.

From plants to rivers, the artist intends to capture her subjects’ energies and emotions. Moving away from functional sculpture, Aneta Regel is distinguished in her approach and practice of ceramics by bringing a very strong attention to nature and specifically to rocks. Aneta Regal’s sources of inspiration include trees, rocks, fields and river-beds. She not only wants to capture the various forms, energies and rhythms of nature but also to suggest the emotional power they have on her. Even if elements and shapes observed in nature dictate her creative approach, Aneta Regel says: ‘creating objects which doesn’t exist in a way, neither living, nor manufactured, but which translate feelings and proper states to nature and to (my) her own existence.’

### RAW DELICACY

With this subtle approach, the artist uses materials such as rock or clay, and transform them to create the illusion of other textures like bark, moss and coral, always in natural appearances. Her works mostly remain unvarnished and partially colored, adding a dynamic tension between power and fineness to her works

Aneta Regel has exhibited her sculptures all over the world, especially in the United States, Belgium and Poland. Her most important exhibitions took place in the United Kingdom where she participated in

collective projects at the Tate Modern and Saatchi Gallery. She recently took part in the British Ceramics Biennale, a demonstration which celebrates the contemporary ceramic of the whole world. She is also a prize-winner of several prizes such as the 'Highlights English Industry Award' in 2007. Most recently, she became a member of sculptors' British Royal Company.

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